

# **FRAMINGHAM HEART STUDY**

## **INFLAMMATORY MARKERS MANUAL**

Please note: Some Framingham Heart Study ancillary studies include participants from cohorts other than the original, offspring and third generation FHS cohort. Some documentation includes mention of additional cohort groups, however these groups are not included as part of the initial SHARe data base.

Please note: The summary statistics in this manual may include phantom or duplicate observations and therefore may not be completely congruent with the observations in the data set provided.

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# Framingham Heart Study Inflammatory Marker Manual

## Inflammatory Marker Measurement Funding

**N01-HC 25195** (PI: Philip A. Wolf, M.D.)

02/01/02 - 09/30/08

NIH/NHLBI

### **The Framingham Heart Study, Physical Examination, Testing and Surveillance**

Specific Aims: Provide resources and personnel for examination and surveillance of cohort and offspring; recruit a third generation cohort; maintain surveillance on all participants. In addition, contract personnel are responsible for performing statistical analyses, writing reports and manuscripts, and for dissemination of results.

**RO1 HL064753** (PI: Emelia J. Benjamin, MD, ScM )

07/01/00 - 06/30/2004

NIH/NHLBI

### **Inflammation: Correlates and Prognosis in Framingham**

Specific Aims: To determine the relation between inflammatory markers & CVD & its risk factors in the FHS Offspring examination 7.

**1 R01 HL76784** (PI: Emelia J. Benjamin, MD, ScM)

06/01/04 - 05/31/09

NIH/NHLBI

### **Framingham: Inflammation, Genes & Cardiovascular Disease**

Specific Aims: To examine the environmental determinants of systemic inflammation in the community; To investigate the genetic determinants of systemic inflammation (heritability, linkage, and genotyping known polymorphisms in 60 inflammatory candidate genes); To identify the inflammatory phenotypic and genetic determinants of subclinical CVD; To determine the contribution of inflammatory phenotype versus genotype to prevalent and incident CVD and to incident hypertension.

**1R01 AG028321** (PI, Emelia J. Benjamin, MD, ScM)

07/01/06 - 06/30/11

NIH/NIA

### **Aging and Inflammation: Longitudinal Markers and Genetics in the Framingham Study**

Specific Aims: To examine the risk factors related to 7 year progression of systemic inflammation (between Offspring exams 7 and 8, and Omni exams 2 & 3) in the community; To investigate the genetic factors associated with systemic inflammation and to examine the relation between inflammatory SNPs/haplotypes and frailty and declining physical function; To study the relation of changes in inflammatory markers to progression of blood pressure and subclinical disease including ankle brachial index, arterial tonometry, echocardiographic left ventricular structure and function and carotid intimal medial thickness; To identify the relations between changes in inflammatory biomarkers to frailty and progression of declining physical function over 7 years of follow-up.

Grant in response to RFA AG 05-011

Please see acknowledgements for actual grant specific aims and key personnel.

# Framingham Heart Study Inflammatory Marker Manual

## FHS Inflammatory Marker Specimen Collection, Storage, Distribution and Measurement Procedures

**FHS blood and urine collection/processing.** Linking to the FHS data base, specimen bar code labels are generated that include FHS participant ID number and draw date. When the inflammation project was initiated the FHS had about 7 freezers, one of which was @-70C. As of 2007 the FHS has 22 freezers (1 @ ~ -70C, 21 @ -80C). The vast majority of samples were stored at -80 degrees Celsius. Specimens are aliquoted after centrifugation and stored at -80°C without freeze thaw cycles until assay. The stability of specimens that have been stored at -80°C for years has been verified for CRP and other antigens. Shipped specimens are identified by FHS ID number, blinding laboratory personnel, and maintaining confidentiality.

**FHS timing of phlebotomy and urine collection.** Some biomarkers potentially could be affected by time of day or food; samples are collected in the morning, typically between 7 and 9 am after an overnight fast, shortly after clinic arrival. [REDACTED]

### **Procedures for assays performed at the Framingham Heart Study laboratory.**

Prior to analysis, samples are thawed to room temperature and mixed well. All assays are performed using commercially available kits, following manufacturer's instructions.

CRP's are measured on serum, using a nephelometric method on a Dade Behring BN100 with Dade Behring reagents. CRP assays are run in single. Reproducibility is assessed using phantom samples and random repeats.

Fibrinogens are measured on citrated plasma, using a method based on clot detection on a Diagnostica Stago STart4 Analyzer with Diagnostica Stago reagents. Fibrinogens are run in duplicate and averaged. Testing is repeated if there is >5% discrepancy between replicates.

Random urine samples were collected and frozen at -20C for subsequent analysis. Urine creatinines were measured using a modified Jaffe reaction on an Abbott Spectrum CCX with Abbott reagents. Samples are diluted 1:20 with normal saline and run in duplicate.

Testing is repeated if:

- for creatinine ≤50mg/100ml; if the difference is >4.0 mg/100ml
- for creatinine >50 mg/100ml; if the difference is >6.5%.

**Procedures for ELISA markers measured in John F. Keaney, Jr, MD's laboratory.** For analysis, samples are thawed at room temperature, vortexed vigorously, and the specimens (serum or plasma) are measured using commercially available enzyme-linked immunosorbent assay kits (ELISA) according to the manufacturer's instructions (see appendix for ELISA kit pdfs). Standards and samples are run in duplicates and OD is read using microplate reader (Molecular Devices VersaMax). Duplicates that are not within CV <95<sup>th</sup> percentile are rerun.

FHS lab assigns a dummy ID number to about 4% of randomly chosen duplicate phantom specimens. If possible the lab attempts to order and use 1 lot for each specific ELISA assay. If not possible, we examine the variability secondary to lot. If lot accounts for a significant amount of variability, lot is adjusted for in analyses (e.g. isoprostanes).

## Framingham Heart Study Inflammatory Marker Manual

| Table 20. Inflammatory Biomarker Quality Control (QC) Protocol  |                  |   |  |
|---|------------------|---|--|
| Element   | Frequency        | Procedure   | Statistics   |
| Control Samples   |                  | <ul style="list-style-type: none"> <li>When available commercial control is run with each ELISA plate together with internal control ( 75% plates are run with both controls )</li> <li>Pooled plasma (internal control) is run on 75% of plates. Whole blood for pooled plasma is drawn from 1-10 healthy volunteers. Blood is centrifuged and aliquots are frozen at -80C.</li> </ul> | <ul style="list-style-type: none"> <li>The OD of each plate is read using Molecular Devices VERSAmax plate reader. The results are calculated using SOFTmax Pro. Data are sent to biostatistician including subject ID, position on plate, result, mean result, Std.Dev., dilution factor and final result.</li> </ul> |
| Reproducibility   | Each ELISA Assay | <ul style="list-style-type: none"> <li><b><i>All calibrators controls and participant specimens are run in duplicate</i></b></li> <li><b><i>Duplicates with CV &gt;95<sup>th</sup> percentile rerun.</i></b></li> </ul>   | <ul style="list-style-type: none"> <li>Mean <math>\pm</math> sd <math> y - y </math></li> <li>Range <math> y - y </math></li> <li>CV%</li> </ul>   |
|   | Daily            | <b>Phantom variability</b> <ul style="list-style-type: none"> <li>4% specimens assigned a dummy ID and rerun as phantoms</li> </ul>   | <ul style="list-style-type: none"> <li><math> y_1 - y_2 </math> compared to assay specific table</li> <li>Correlations; CV%</li> </ul>   |
| Data cleaning   | Quarterly        | <ul style="list-style-type: none"> <li>Generated by data management staff</li> </ul>  | <ul style="list-style-type: none"> <li>Out of range data; Missing data</li> </ul>  |
| QC reports  | Bi-annually      | <ul style="list-style-type: none"> <li>Reproducibility statistics included in reports</li> <li>Review by lab, co-investigators, consultant</li> </ul>   | <ul style="list-style-type: none"> <li>Descriptive statistics; Data cleaning</li> <li>Analyte means by quarter</li> </ul>  |
| Lab meetings  | Weekly           | <ul style="list-style-type: none"> <li>██████ meets weekly with lab staff to review issues</li> <li>Review QC reports as they are available</li> </ul>  |  |
| sd = standard deviation; All exam 8 kits for each specific ELISA will be from same manufacturer's LOT |                  |   |  |

# Framingham Heart Study Inflammatory Marker Manual

## CD40 Ligand (CD40L) Plasma

### 1. Funding Source/Lab

|                      |   |
|----------------------|---|
| Framingham specimens | PI: Emelia J. Benjamin, MD, ScM<br>[REDACTED] |
| Grant #              | RO1 HL 064753 & RO1 HL076784                  |
| Lab                  | JFK/IL/AB                                     |
| Contact:             | [REDACTED]                                    |

### 2. Method: Quantitative ELISA

### 3. Technical Aspects

|  |   |
|--|---|
| Molecular Devices VersaMax microplate reader |   |
| Commercial kit including all reagents        |   |
| Vendor                                       | Bender MedSystems (Cat. No. BMS 293)<br><a href="http://www.bendermedsystems.com/">http://www.bendermedsystems.com/</a> |
| Minimum detectable dose                      | 0.005 ng/mL   |
| Standard curve range                         | 0.08 – 5 ng/mL  |

### 4. FHS Specimen Characteristics

- EDTA Plasma, run in duplicate
- Frozen samples, run on 2<sup>nd</sup> thaw
- Samples were subjected to 1-3 freeze-thaw cycles.

### 5. QC aspects

|  |      |  |      |      |
|--|------|--|------|------|
| CV intra-assay:  |      | 4.59±3.63  |      |      |
| CV intra FHS IDs:  |      | 4.58±3.63  |      |      |
| CV Intra-assay final data set. If sample re-measured because CV is higher than threshold then use the lowest CV. |      | 4.43±3.40  |      |      |
| CV intra phantoms  |      | 4.79±3.70  |      |      |
| Number per cycle   |      | 148  |      |      |
| CV inter   |      | no inter CVs since some run in the same plate or same day. |      |      |
| CV threshold for re-measuring:   |      | 12.9   |      |      |
| Bar code reader:   |      | Yes  |      |      |
| Internal controls  | mean | std  | min  | max  |
|  | 0.40 | 0.06   | 0.27 | 0.56 |

### Mean and CV by month:

| Month      | 09/2004   | 10/2004   | 11/2004   | 12/2004   | 01/2005   |
|------------|-----------|-----------|-----------|-----------|-----------|
| N          | 78        | 1217      | 989       | 1028      | 604       |
| Mean±std   | 3.25±4.90 | 3.10±4.59 | 3.36±4.80 | 3.26±4.78 | 3.30±4.73 |
| CVmean±std | 5.45±4.15 | 4.83±3.92 | 4.57±3.44 | 4.45±3.47 | 4.26±3.48 |

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### 6. FHS participant aspect

- a. Markers run: 09/04 – 01/05
- b. Measured in: ng/mL
- c. Count Offspring n = 3305

### Descriptive Statistics

|                        | Mean | SD   | Minimum | Maximum | Median | Q1   | Q3   |
|------------------------|------|------|---------|---------|--------|------|------|
| <b>Unadjusted:</b>     | 3.27 | 4.76 | 0.068   | 29.45   | 1.17   | 0.53 | 3.89 |
| <b>Log-transformed</b> | 0.39 | 1.24 | 2.69    | 3.38    | 0.15   | 0.64 | 1.36 |

### 7. Marker residuals (studentized)

| Adjustment           | Mean    | SD    | Minimum | Maximum | Media | Q1    | Q3   |
|----------------------|---------|-------|---------|---------|-------|-------|------|
| <b>Age &amp; Sex</b> | 5.20E-6 | 1.000 | -2.59   | 2.57    | -0.20 | -0.83 | 0.75 |
| <b>Multivariable</b> | 2.45E-5 | 1.000 | -2.73   | 2.77    | -0.18 | -0.82 | 0.75 |

covariates: idtype, age, sex, bmi, smoke, cvd, glucose, tot\_hdl, lipidrx, hrx, sbp, dbp, hrtnow, asa3week, waist, diab, trig

### Publication<sup>1</sup>

# Framingham Heart Study Inflammatory Marker Manual

## CD40 Ligand (CD40L, Serum)

### 1. Funding Source/Lab

|                      |                                 |
|----------------------|---------------------------------|
| Framingham specimens | PI: Emelia J. Benjamin, MD, ScM |
| Grant #              | RO1 HL 064753 & RO1 HL076784    |
| Lab                  | JFK/IL/AB                       |
| Contact:             |                                 |

### 2. Method: Quantitative ELISA

### 3. Technical Aspects

|  |   |
|--|---|
| Molecular Devices VersaMax microplate reader |   |
| Commercial kit including all reagents        |   |
| Vendor                                       | Bender MedSystems (Cat. No. BMS 239)<br><a href="http://www.bendermedsystems.com/">http://www.bendermedsystems.com/</a> |
| Minimum detectable dose                      | 0.062 ng/mL   |
| Standard curve range                         | 0.16 – 10 ng/mL   |

### 4. FHS Specimen Characteristics

- Serum, run in duplicate
- Frozen samples, run on 2<sup>nd</sup> thaw
- Samples were subjected to 1-3 freeze-thaw cycles.

### 5. QC aspects

|  |      |  |     |     |
|--|------|--|-----|-----|
| CV intra-assay:  |      | 5.19±6.40  |     |     |
| CV intra FHS IDs:  |      | 5.22±6.49  |     |     |
| CV Intra-assay final data set. If sample re-measured because CV is higher than threshold then use the lowest CV. |      | 4.69±4.45  |     |     |
| CV intra phantoms  |      | 4.37±3.37  |     |     |
| Number per cycle   |      | 144  |     |     |
| CV inter   |      | No inter CVs since some phantoms and the original IDs are run in the same plate or on same day |     |     |
| CV threshold for re-measuring:   |      | 11.5   |     |     |
| Bar code reader:   |      | Yes  |     |     |
| Internal controls  | mean | std  | min | max |
|  | 5.2  | 0.8  | 3.4 | 6.7 |

### Mean and CV by month:

| Month      | 06/2003   | 07/2003   | 08/2003   | 09/2003   | 10/2003   |
|------------|-----------|-----------|-----------|-----------|-----------|
| N          | 102       | 651       | 646       | 831       | 850       |
| Mean±std   | 1.10±1.42 | 4.02±3.38 | 2.72±2.47 | 3.00±3.01 | 5.17±3.57 |
| CVmean±std | 11.8±23.4 | 5.18±6.67 | 4.50±7.13 | 4.88±3.63 | 5.00±3.38 |

| Month      | 11/2003   | 12/2003   | 02/2004   | 03/2004   | 04/2004   |
|------------|-----------|-----------|-----------|-----------|-----------|
| N          | 416       | 267       | 252       | 21        | 26        |
| Mean±std   | 4.89±4.00 | 5.56±3.90 | 2.21±2.18 | 1.84±2.12 | 1.86±2.50 |
| CVmean±std | 5.26±3.22 | 5.43±3.52 | 5.40±5.01 | 4.08±2.50 | 7.94±19.2 |



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### 6. FHS participant aspect

- a. Markers run: 06/03 – 04/04
- b. Measured in: ng/mL
- c. Count Offspring n = 3281

### Descriptive Statistics -

|                        | Mean | SD   | Minimum | Maximum | Median | Q1   | Q3   |
|------------------------|------|------|---------|---------|--------|------|------|
| <b>Unadjusted:</b>     | 3.91 | 3.44 | 0.005   | 33.18   | 2.98   | 1.13 | 5.87 |
| <b>Log-transformed</b> | 0.75 | 1.51 | -5.30   | 3.50    | 1.09   | 0.13 | 1.77 |

### 7. Marker residuals (studentized)

| Adjustment   | Mean     | SD    | Minimum | Maximum | Median | Q1    | Q3   |
|--|----------|-------|---------|---------|--------|-------|------|
| <b>Age &amp; Sex</b>   | -2.05E-6 | 1.000 | -4.21   | 1.92    | 0.23   | -0.41 | 0.68 |
| <b>Multivariable</b>   | -4.49E-6 | 1.000 | -4.26   | 1.89    | 0.23   | -0.40 | 0.67 |
| covariates: idtype, age, sex, bmi, smoke, cvd, glucose, tot_hdl, lipidrx, hrx, sbp, dbp, hrtnow, asa3week, waist, diab, trig |          |       |         |         |        |       |      |

# Framingham Heart Study Inflammatory Marker Manual

## C-reactive protein (CRP)

### 1. Funding Source/Lab

|                      |  |
|----------------------|--|
| Framingham specimens | PI: Emelia J. Benjamin, MD, ScM<br>[REDACTED] Offspring Exam 7 |
|                      | PI: Ramachandran S. Vasan, MD<br>[REDACTED] Offspring Exam 6   |
|                      | PI: Peter W.F. Wilson, MD,<br>Offspring Exam 2                 |
| Grant #              | RO1 HL 064753 & RO1 HL076784                                   |
| Lab                  | FHS Lab  |
| Contact:             | [REDACTED]   |

**2. Method:** Particle enhanced immunonephelometry

### 3. Technical Aspects

|                                       |  |
|---------------------------------------|--|
| Commercial kit including all reagents |  |
| Vendor                                | Dade Behring<br>BN 100 – High Sensitivity CRP reagent<br><a href="http://www.dadebehring.com">http://www.dadebehring.com</a> |
| Minimum detectable dose Units         | 0.16 mg/L  |
| Measuring range                       | 0.16 - 1100 mg/L   |

### 4. FHS Specimen Characteristics

- a. Serum, run in single
- b. Frozen samples (- 80C)

### 5. QC aspects

|                                |        |
|--------------------------------|--------|
| CV intra-assay:                | 3.20 % |
| CV intra phantoms              | 3.9 %  |
| Number per cycle               | 116    |
| CV inter-assay                 | 5.3 %  |
| CV threshold for re-measuring: | n/a    |
| Bar code reader:               | No     |
| Internal controls              | yes    |

### 6. FHS participant aspect

- a. Markers run:
- b. Measured in: mg/L
- c. Count Offspring n = 3301

## Framingham Heart Study Inflammatory Marker Manual

### Descriptive Statistics -

|                        | Mean | SD   | Minimum | Maximum | Median | Q1    | Q3   |
|------------------------|------|------|---------|---------|--------|-------|------|
| <b>Unadjusted:</b>     | 4.32 | 7.71 | 0.16    | 250.5   | 2.14   | 0.99  | 5.12 |
| <b>Log-transformed</b> | 0.81 | 1.13 | -1.83   | 5.52    | 0.76   | -0.01 | 1.63 |

### 7. Marker residuals (studentized)

| Adjustment   | Mean     | SD    | Minimum | Maximum | Median  | Q1    | Q3   |
|--|----------|-------|---------|---------|---------|-------|------|
| <b>Age &amp; Sex</b>   | -7.47E-6 | 1.000 | -2.62   | 4.24    | -0.0261 | -0.72 | 0.72 |
| <b>Multivariable</b>   | -1.52E-5 | 1.000 | -3.30   | 5.09    | -0.0262 | -0.71 | 0.62 |
| covariates: idtype, age, sex, bmi, smoke, cvd, glucose, tot_hdl, lipidrx, hrx, sbp, dbp, hrtnow, asa3week, waist, diab, trig |          |       |         |         |         |       |      |

### 8. Publication<sup>1-12</sup>

# Framingham Heart Study Inflammatory Marker Manual

## Fibrinogen

### 1. Funding Source/Lab

|   |              |
|---|--------------|
| Framingham specimens                                | NO1 HC 25195 |
| Specimens examining technical aspects of Fibrinogen |              |
| Lab   | FHS Lab      |
| Contact:  |              |

### 2. Method: Clauss method (clot time)

### 3. Technical Aspects

|                                       |   |
|---------------------------------------|---|
| Commercial kit including all reagents |   |
| Vendor                                | Diagnostica Stago Reagents – STart 4<br><a href="http://www.stago.com/gb/asp/home_global.asp">http://www.stago.com/gb/asp/home_global.asp</a> |
| Units                                 | mg/100ml  |
| Measuring range                       | 90 – 1800 mg/100ml  |

### 4. FHS Specimen Characteristics

- a. Run in duplicate
- b. Citrate plasma not previously thawed

### 5. QC aspects

|                                |               |
|--------------------------------|---------------|
| CV intra-assay:                | 1.1 % +/- 1.1 |
| CV intra phantoms              | 3.1%          |
| Number per cycle               | 118           |
| CV inter                       | 4.4 %         |
| CV threshold for re-measuring: | n/a           |
| Bar code reader:               | No            |
| Internal controls              | yes           |

### 6. FHS participant aspect

- a. Markers run: 12/18/02 – 11/04/03
- b. Measured in: mg/100ml
- c. Count Offspring n = 3300

### Descriptive Statistics -

|                        | Mean  | SD   | Minimum | Maximum | Median | Q1   | Q3   |
|------------------------|-------|------|---------|---------|--------|------|------|
| <b>Unadjusted:</b>     | 379.8 | 74.7 | 181.0   | 1194    | 371    | 329  | 422  |
| <b>Log-transformed</b> | 5.92  | 0.19 | 5.20    | 7.09    | 5.92   | 5.80 | 6.05 |

### 7. Marker residuals (studentized)

| Adjustment  | Mean     | SD    | Minimum | Maximum | Median  | Q1    | Q3   |
|---|----------|-------|---------|---------|---------|-------|------|
| <b>Age &amp; Sex</b>  | -1.05E-7 | 1.000 | -3.77   | 6.21    | -0.0259 | -0.65 | 0.65 |
| <b>Multivariable</b>  | -1.26E-5 | 1.000 | -4.36   | 6.95    | -0.0081 | -0.66 | 0.66 |
| covariates: idtype, age, sex, bmi, smoke, cvd, glucose, tot_hdl, lipidrx, hr, sbp, dbp, hrtnow, asa3week, waist, diab, trig |          |       |         |         |         |       |      |

# Framingham Heart Study Inflammatory Marker Manual

## Intercellular adhesion molecule 1 (ICAM 1)

### 1. Funding Source/Lab

|                      |   |
|----------------------|---|
| Framingham specimens | PI: Emelia J. Benjamin, MD, ScM<br>[REDACTED] |
| Grant #              | RO1 HL 064753 & RO1 HL076784                  |
| Lab                  | JFK/IL  |
| Contact:             | [REDACTED]                                    |

### 2. Method: Quantitative ELISA

### 3. Technical Aspects

|  |  |
|--|--|
| Molecular Devices VersaMax microplate reader |  |
| Commercial kit including all reagents        |  |
| Vendor                                       | R & D Systems (Cat. No. BBE 1B)<br><a href="http://www.rndsystems.com/">http://www.rndsystems.com/</a> |
| Minimum detectable dose                      | <0.35 ng/ml  |
| Standard curve range                         | 0 - 50 ng/mL   |

### 4. FHS Specimen Characteristics

- Serum, run in duplicate
- Frozen samples, run on 1st thaw
- Samples were subjected to 1-3 freeze-thaw cycles.

### 5. QC aspects

|  |        |   |     |     |
|--|--------|---|-----|-----|
| CV intra-assay:  |        | 3.93±2.86   |     |     |
| CV intra FHS IDs:  |        | 3.94±2.97   |     |     |
| CV Intra-assay final data set. If sample re-measured because CV is higher than threshold then use the lowest CV. |        | 3.70±2.40   |     |     |
| CV intra phantoms  |        | 3.71±2.67   |     |     |
| Number per cycle   |        | 147   |     |     |
| CV inter   |        | No inter CVs since some phantoms and the original IDs are run in the same plate or on same day. |     |     |
| CV threshold for re-measuring:   |        | 8.8   |     |     |
| Bar code reader:   |        | Yes   |     |     |
|  | mean   | std   | min | max |
| R&D controls   | 269.67 | 23.19   | 161 | 335 |
| Internal controls  | 218.14 | 15.50   | 180 | 245 |

### Mean and CV by month:

| Month      | 07/2001   | 08/2001   | 09/2001   | 10/2001   | 11/2001   |
|------------|-----------|-----------|-----------|-----------|-----------|
| N          | 485       | 614       | 593       | 1431      | 831       |
| Mean±std   | 249±60    | 261±67    | 241±61    | 257±89    | 259±120   |
| CVmean±std | 3.56±2.68 | 3.74±2.67 | 4.63±2.68 | 3.98±2.65 | 3.74±3.48 |
| Month      | 12/2001   | 02/2002   | 04/2002   |           |           |
| N          | 35        | 39        | 11        |           |           |
| Mean±std   | 280±86    | 371±150   | 256±84    |           |           |
| CVmean±std | 4.16±2.61 | 3.14±2.15 | 2.75±1.93 |           |           |

## Framingham Heart Study Inflammatory Marker Manual

### 6. FHS participant aspect

- a. Markers run: 07/01 – 04/02
- b. Measured in: ng/mL
- c. Count Offspring n = 3303

### Descriptive Statistics -

|                        | Mean   | SD    | Minimum | Maximum | Median | Q1     | Q3     |
|------------------------|--------|-------|---------|---------|--------|--------|--------|
| <b>Unadjusted:</b>     | 255.98 | 86.82 | 2.47    | 1384    | 241.26 | 209.74 | 283.13 |
| <b>Log-transformed</b> | 5.5    | 0.30  | 0.90    | 7.23    | 5.49   | 5.35   | 5.65   |

### 7. Marker residuals (studentized)

| Adjustment           | Mean     | SD    | Minimum | Maximum | Median | Q1    | Q3   |
|----------------------|----------|-------|---------|---------|--------|-------|------|
| <b>Age &amp; Sex</b> | -2.0E-6  | 1.000 | -14.90  | 6.27    | -0.062 | -0.55 | 0.49 |
| <b>Multivariable</b> | -2.59E-5 | 1.001 | -15.82  | 6.53    | -0.032 | -0.53 | 0.49 |

covariates: idtype, age, sex, bmi, smoke, cvd, glucose, tot\_hdl, lipidrx, hrx, sbp, dbp, hrtnow, asa3week, waist, diab, trig

### ICAM-1 Kits Shipped in 2001

| Ship Date                   | Catalogue # | Description                           | Quantity | Lot#   |
|-----------------------------|-------------|---------------------------------------|----------|--------|
| 7/16/2001                   | BBE 1B      | Human sICAM-1CD54 Parameter ELISA Kit | 10       | 204247 |
| 7/26/2001                   | BBE 1B      | Human sICAM-1CD54 Parameter ELISA Kit | 10       | 204247 |
| 8/13/2001                   | BBE 1B      | Human sICAM-1CD54 Parameter ELISA Kit | 10       | 204546 |
| 9/17/2001                   | BBE 1B      | Human sICAM-1CD54 Parameter ELISA Kit | 15       | 205051 |
| 9/24/2001                   | BBE 1B      | Human sICAM-1CD54 Parameter ELISA Kit | 15       | 205051 |
| 10/1/2001                   | BBE 1B      | Human sICAM-1CD54 Parameter ELISA Kit | 15       | 205051 |
| 10/8/2001                   | BBE 1B      | Human sICAM-1CD54 Parameter ELISA Kit | 5        | 205169 |
| 11/27/2001                  | BBE 1B      | Human sICAM-1CD54 Parameter ELISA Kit | 1        | 205628 |
| 12/3/2001                   | BBE 1B      | Human sICAM-1CD54 Parameter ELISA Kit | 3        | 205628 |
| 10/23/2001                  | BBE 1B      | Human sICAM-1CD54 Parameter ELISA Kit | 15       | 205241 |
| 11/13/2001                  | BBE 1B      | Human sICAM-1CD54 Parameter ELISA Kit | 7        | 205628 |
| 11/13/2001                  | BBE 1B      | Human sICAM-1CD54 Parameter ELISA Kit | 5        | 205628 |
| <b>Generation 3 samples</b> |             |                                       |          |        |
| 11/15/2005                  | BBE 1B      | sICAM-1, R/D                          | 126      | 233487 |

### 8. Publications<sup>1;3-7;9;13</sup>

# Framingham Heart Study Inflammatory Marker Manual

## Interleukin-6 (IL6) (High Sensitivity)

### 1. Funding Source/Lab

|                      |   |
|----------------------|---|
| Framingham specimens | PI: Emelia J. Benjamin, MD, ScM<br>[REDACTED] |
| Grant #              | RO1 HL 064753 & RO1 HL076784                  |
| Lab                  | JFK/IL  |
| Contact:             | [REDACTED]                                    |

### 2. Method: Quantitative ELISA

### 3. Technical Aspects

|  |   |
|--|---|
| Molecular Devices VersaMax microplate reader |   |
| Commercial kit including all reagents        |   |
| Vendor                                       | R & D Systems (Cat. No. D6050)<br><a href="http://www.rndsystems.com/">http://www.rndsystems.com/</a> |
| Minimum detectable dose                      | <0.70 pg/mL   |
| Standard curve range                         | 0 – 300 pg/mL   |

### 4. FHS Specimen Characteristics

- a. Serum, run in duplicate
- b. Frozen samples, run on 2<sup>nd</sup> thaw
- c. Samples were subjected to 1-3 freeze-thaw cycles.
- d. Volume of sample: 200uL

### 5. QC aspects

|  |      |  |     |     |
|--|------|--|-----|-----|
| CV intra-assay:  |      | 3.12±2.19  |     |     |
| CV intra FHS IDs:  |      | 3.11±2.18  |     |     |
| CV Intra-assay final data set. If sample re-measured because CV is higher than threshold then use the lowest CV. |      | 3.05±2.12  |     |     |
| CV intra phantoms  |      | 3.42±2.42  |     |     |
| Number per cycle   |      | 145  |     |     |
| CV inter   |      | No inter CVs since some phantoms and the original IDs are run in the same plate or on same day |     |     |
| CV threshold for re-measuring:   |      | 7.9  |     |     |
| Bar code reader:   |      | Yes  |     |     |
| Internal controls  | mean | std  | min | max |
|  | 1.3  | 0.2  | 1.0 | 1.7 |

### Mean and CV by month:

| Month      | 12/2001   | 01/2002   | 02/2002   | 03/2002   | 04/2002   | 05/2002   |
|------------|-----------|-----------|-----------|-----------|-----------|-----------|
| N          | 138       | 855       | 308       | 1040      | 775       | 775       |
| Mean±std   | 3.23±3.31 | 3.89±3.38 | 4.00±4.58 | 4.11±6.31 | 4.26±4.91 | 3.73±5.22 |
| CVmean±std | 3.67±2.51 | 3.28±2.32 | 3.21±2.14 | 3.07±2.14 | 2.90±2.10 | 3.09±2.11 |

## Framingham Heart Study Inflammatory Marker Manual

### 6. FHS participant aspect

- a. Markers run: 12/01 – 05/02
- b. Measured in: pg/mL
- c. Count Offspring n = 3297

### Descriptive Statistics -

|                        | Mean | SD   | Minimum | Maximum | Median | Q1   | Q3   |
|------------------------|------|------|---------|---------|--------|------|------|
| <b>Unadjusted:</b>     | 3.99 | 5.11 | 0.37    | 104.37  | 2.68   | 1.80 | 4.27 |
| <b>Log-transformed</b> | 1.07 | 0.71 | -0.99   | 4.65    | 0.99   | 0.59 | 1.45 |

### 7. Marker residuals (studentized)

| Adjustment           | Mean    | SD    | Minimum | Maximum | Median | Q1    | Q3   |
|----------------------|---------|-------|---------|---------|--------|-------|------|
| <b>Age &amp; Sex</b> | 4.66E-6 | 1.000 | -2.65   | 5.03    | -0.12  | -0.68 | 0.51 |
| <b>Multivariable</b> | 3.09E-5 | 1.000 | -2.46   | 5.44    | -0.13  | -0.66 | 0.45 |

covariates: idtype, age, sex, bmi, smoke, cvd, glucose, tot\_hdl, lipidrx, hrx, sbp, dbp, hrtnow, asa3week, waist, diab, trig

### HS II6 Kits Shipped in 2002

| Ship Date | Catalogue # | Description                        | Quantity | Lot#   |
|-----------|-------------|------------------------------------|----------|--------|
| 3/4/2002  | HS600       | Human II-6 Quantikine HS ELISA Kit | 10       | 207027 |
| 4/30/2002 | HS600       | Human II-6 Quantikine HS ELISA Kit | 6        | 207925 |
| 3/20/2002 | HS600       | Human II-6 Quantikine HS ELISA Kit | 6        | 207305 |
| 5/15/2002 | HS600       | Human II-6 Quantikine HS ELISA Kit | 4        | 208038 |
| 4/29/2002 | HS600       | Human II-6 Quantikine HS ELISA Kit | 6        | 207925 |
| 4/2/2002  | HS600       | Human II-6 Quantikine HS ELISA Kit | 6        | 207541 |
| 4/22/2002 | HS600       | Human II-6 Quantikine HS ELISA Kit | 6        | 207925 |
| 3/12/2002 | HS600       | Human II-6 Quantikine HS ELISA Kit | 6        | 207305 |
| 3/25/2002 | HS600       | Human II-6 Quantikine HS ELISA Kit | 6        | 207305 |
| 4/1/2002  | HS600       | Human II-6 Quantikine HS ELISA Kit | 6        | 207541 |
| 5/13/2002 | HS600       | Human II-6 Quantikine HS ELISA Kit | 6        | 208038 |

### 8. Publications<sup>1;3-7;9</sup>



# Framingham Heart Study Inflammatory Marker Manual

## Isoprostanes (8epi-PGF<sub>2</sub>α/ Urinary Creatinine (Urinary Isoprostanes)

### 1. Funding Source/Lab

|                      |                                 |
|----------------------|---------------------------------|
| Framingham specimens | PI: Emelia J. Benjamin, MD, ScM |
| Grant #              | RO1 HL 064753 & RO1 HL076784    |
| Lab                  | JFK/IL                          |
| Contact:             |                                 |

### 2. Method: ACE Competitive EIA

### 3. Technical Aspects

|  |  |
|--|--|
| Molecular Devices VersaMax microplate reader |  |
| Commercial kit including all reagents        |  |
| Vendor                                       | Cayman Chemical (Cat. No. 516351)<br><a href="http://www.caymanchem.com/app/template/Home.vm">http://www.caymanchem.com/app/template/Home.vm</a> |
| Minimum detectable dose                      | n/a  |
| Standard curve range                         | 3.9 – 500 pg/mL  |

### 4. FHS Specimen Characteristics

a. Urine, run in duplicate

b. Frozen samples - *Samples were subjected to 1-3 freeze-thaw cycles.*

Please note: The total N run for urinary isoprostanes is smaller than that for urinary creatinine. Two different sample sets were used to run these analytes. Collection of the isoprostane sample set was initiated approximately three months after the beginning of the exam cycle.

### 5. QC aspects

|  |        |  |     |     |
|--|--------|--|-----|-----|
| CV intra-assay:  |        | 9.6±6.8  |     |     |
| CV intra FHS IDs:  |        | 9.6±6.8  |     |     |
| CV Intra-assay final data set. If sample re-measured because CV is higher than threshold then use the lowest CV. |        | 9.12±5.78  |     |     |
| CV intra phantoms  |        | 10.0±6.4   |     |     |
| Number per cycle   |        | 135  |     |     |
| CV inter   |        | No inter CVs since some phantoms and the original IDs are run in the same plate or on same day |     |     |
| CV threshold for re-measuring:   |        | 21.3   |     |     |
| Bar code reader:   |        | Yes  |     |     |
| Internal controls  | mean   | std  | min | max |
|  | 663.19 | 116.72   | 407 | 881 |

### Mean and CV by month:

| Month      | 01/2001 | 02/2001  | 03/2001 | 04/2001 | 05/2001 |
|------------|---------|----------|---------|---------|---------|
| N          | 599     | 763      | 759     | 439     | 548     |
| Mean±std   | 148±87  | 142±103  | 150±95  | 168±109 | 187±149 |
| CVmean±std | 9.7±8.9 | 10.1±6.5 | 9.9±6.3 | 9.1±5.6 | 9.3±6.6 |

| Month      | 06/2001 | 08/2001 |  |  |  |
|------------|---------|---------|--|--|--|
| N          | 278     | 58      |  |  |  |
| Mean±std   | 148±86  | 178±100 |  |  |  |
| CVmean±std | 9.0±5.6 | 7.6±5.4 |  |  |  |

## Framingham Heart Study Inflammatory Marker Manual

### 6. FHS participant aspect

- a. Markers run: 01/01 – 08/01
- b. Measured in: pg/mL
- c. Count Offspring n = 2828

### Descriptive Statistics -

|                        | Mean   | SD     | Minimum | Maximum | Median | Q1    | Q3     |
|------------------------|--------|--------|---------|---------|--------|-------|--------|
| <b>Unadjusted:</b>     | 158.30 | 109.39 | 1.25    | 1844.85 | 132.80 | 89.32 | 194.93 |
| <b>Log-transformed</b> | 4.89   | 0.60   | 0.22    | 7.52    | 4.89   | 4.49  | 5.27   |

### 7. Marker residuals (studentized)

| Adjustment   | Mean     | SD    | Minimum | Maximum | Median | Q1    | Q3   |
|--|----------|-------|---------|---------|--------|-------|------|
| <b>Age &amp; Sex</b>   | -8.70E-7 | 1.000 | -7.58   | 4.60    | 0.0020 | -0.65 | 0.64 |
| <b>Multivariable</b>   | -1.46E-5 | 1.000 | -7.97   | 5.15    | 0.0141 | -0.65 | 0.66 |
| covariates: idtype, age, sex, bmi, smoke, cvd, glucose, tot_hdl, lipidrx, hrx, sbp, dbp, hrtnow, asa3week, waist, diab, trig |          |       |         |         |        |       |      |

### 8. Publications<sup>9;14</sup>

# Framingham Heart Study Inflammatory Marker Manual

## Urinary Creatinine (run for Isoprostanes)

### 1. Funding Source/Lab

|                      |   |
|----------------------|---|
| Framingham specimens | PI: Emelia J. Benjamin, MD, ScM<br>[REDACTED] |
| Grant #              | RO1 HL 064753 & RO1 HL076784                  |
| Lab                  | FHS Lab                                       |
| Contact:             | [REDACTED]                                    |

**2. Method:** colorimetric; Jaffe reaction

### 3. Technical Aspects

|                                       |                     |
|---------------------------------------|---------------------|
| Commercial kit including all reagents |                     |
| Vendor                                | Abbott Spectrum CCX |
| Minimum detectable dose               |                     |
| Measuring Range:                      | 6-1000mg/100ml      |

### 4. FHS Specimen Characteristics

- a. Urine, run in duplicate
- b. Frozen samples (-20C)

Please note: The total N run for urinary isoprostanes is smaller than that for urinary creatinine. Two different sample sets were used to run these analytes. Collection of the isoprostane sample set was initiated approximately three months after the beginning of the exam cycle.

### 5. QC aspects

|                                |      |
|--------------------------------|------|
| CV intra-assay:                | 2.0% |
| CV intra phantoms              | 6.2% |
| Number per cycle               | 154  |
| CV inter –assay                | 4.0% |
| CV threshold for re-measuring: |      |
| Bar code reader:               | No   |
| Internal controls              | yes  |

### Mean and CV by month:

|            |  |  |  |  |  |
|------------|--|--|--|--|--|
| Month      |  |  |  |  |  |
| N          |  |  |  |  |  |
| Mean±std   |  |  |  |  |  |
| CVmean±std |  |  |  |  |  |

|            |  |  |  |  |  |
|------------|--|--|--|--|--|
| Month      |  |  |  |  |  |
| N          |  |  |  |  |  |
| Mean±std   |  |  |  |  |  |
| CVmean±std |  |  |  |  |  |

## Framingham Heart Study Inflammatory Marker Manual

### 6. FHS participant aspect

- a. Markers run: 4/23/01 – 11/1/01
- b. Measured in: mg/100mL
- c. Count Offspring n = 3184

### Descriptive Statistics -

|                 | Mean | SD | Minimum | Maximum | Median | Q1 | Q3 |
|-----------------|------|----|---------|---------|--------|----|----|
| Unadjusted:     |      |    |         |         |        |    |    |
| Log-transformed |      |    |         |         |        |    |    |

### 7. Marker residuals (studentized)

| Adjustment   | Mean | SD | Minimum | Maximum | Median | Q1 | Q3 |
|--|------|----|---------|---------|--------|----|----|
| Age & Sex  |      |    |         |         |        |    |    |
| Multivariable  |      |    |         |         |        |    |    |
| covariates: idtype, age, sex, bmi, smoke, cvd, glucose, tot_hdl, lipidrx, hrx, sbp, dbp, hrtnow, asa3week, waist, diab, trig |      |    |         |         |        |    |    |

### 8. Publications<sup>9;14</sup>

## Framingham Heart Study Inflammatory Marker Manual

### Lipoprotein-Associated Phospholipase A2 (LP-PLA2) Activity Analysis by CAM

#### 1.Funding Source/Lab

|                      |  |
|----------------------|--|
| Framingham specimens | PI: Emelia J. Benjamin, MD, ScM<br>[REDACTED]  |
| Grant #              | RO1 HL 064753 & RO1 HL076784<br>Lp-PLA2 activity levels was measured by GSK<br>at no cost to the FHS |
| Lab                  | GlaxoSmithKline(GSK)   |
| Contact:             | [REDACTED]   |
| Submitted By:        | [REDACTED]   |

#### 2. Method: Activity

#### 3.Technical Aspects

|                         |   |
|-------------------------|---|
| Discovery Research, GSK |   |
| CAM Kit (Lot # TN02)    |   |
| Vendor                  | diaDexus<br><a href="http://www.diadexus.com/">http://www.diadexus.com/</a> |
| Units                   | nmo/mL/min  |
| Measuring Range         | 2-300 nmols/mL/min  |
| Mass                    | measured with 2-site ELISA (diaDexus Inc,<br>South San Francisco, Calif)    |

#### 4.FHS Specimen Characteristics

Offspring Exam 7 EDTA Plasma stored at -80  
Framingham Heart Study Samples

|                  |          |
|------------------|----------|
| Date received:   | 9/8/05   |
| Samples received | 3416     |
| Samples tested:  | 3416     |
| Date Reported    | 01/16/06 |

#### Study Design:

1. p-Nitrophenol calibrators were run in duplicate on a separate plate at the beginning of each week to verify accepted range for p-nitrophenol curve. However, all Lp-PLA2 activity values were calculated from a single slope of 0.02713 from an average of twenty-two p-Nitrophenol curves performed just prior to the start of the study.
2. Controls run at the beginning and end of each plate in duplicate (12 wells, 6 averages, 3 averages of Low QC and 3 averages of High QC)
3. All samples run in duplicate on consecutive microtiter plates (mean values reported)
4. Samples with duplicate CV greater than 12.4% were repeated. Repeat results reported. Samples with repeat CV exceeding 12.4% were not repeated and the mean of the duplicates with the lowest CV reported.

## Framingham Heart Study Inflammatory Marker Manual

### CAM Assay Acceptability Criteria:

1. At least four of six QC duplicate averages must fall within the acceptable ranges shown below. These ranges were established during the first week of the study.

CAM Controls:

Low QC range (C3, 10580213): 117.9 - 165.0 nmol/mL/min

High QC range (C2, 10580220): 208.8 - 269.5 nmol/mL/min

2. Additionally, the mean plate CV of the six duplicate averages must be less than 8.5%.
3. Each calibrator on the p-nitrophenol curve must fall within predefined ranges in order to be accepted.

Standard 1: 0.02 to 0.08 OD<sub>405nm</sub>

Standard 2: 0.15 to 0.21

Standard 3: 0.26 to 0.38

Standard 4: 0.57 to 0.88

Standard 5: 1.15 to 1.74

Standard 6: 1.53 to 2.65

Standard 7: 2.23 to 3.26

In addition, the slope of the weekly standard curve must fall within the pre-defined range of 0.023 - 0.031  $\Delta$ OD<sub>405</sub>/nmol.

4. Samples which had activity values outside 2 to 300 nmols/mL/min exceed dynamic range of assay and reported as such.

### Results:

Total number of plates run including repeats: 106

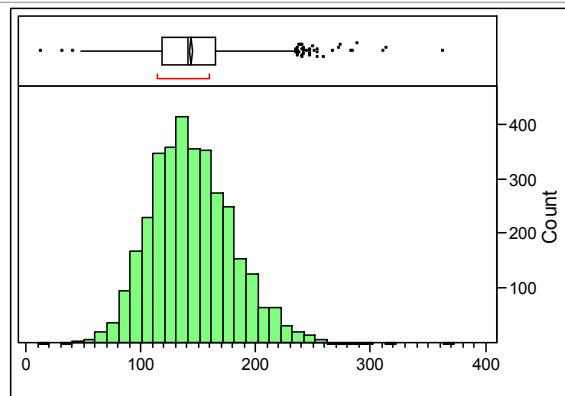
**Sample results:** File attached

### **Summary:**

| Results            | Sample Number | Mean  | Min  | Max   | 5% Percentile | 95% Percentile | Median |
|--------------------|---------------|-------|------|-------|---------------|----------------|--------|
| CAM<br>nmol/mL/min | 3416          | 143.2 | 14.4 | 364.3 | 90.3          | 204.4          | 140.4  |

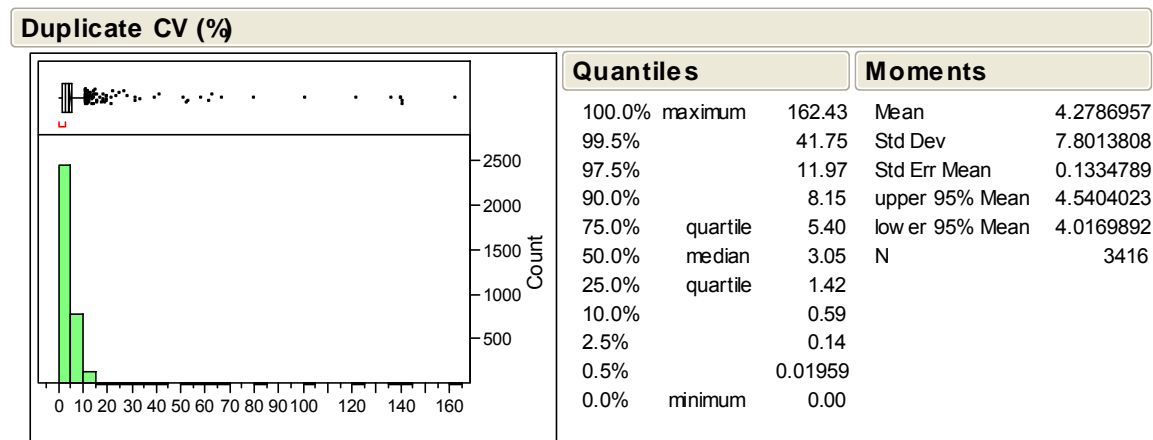
### Framingham Heart Study CAM Assay Results Distribution

#### Lp-PLA2 Activity (nmol/mL/min)



| Quantiles |          |        | Moments         |           |
|-----------|----------|--------|-----------------|-----------|
| 100.0%    | maximum  | 364.26 | Mean            | 143.2152  |
| 99.5%     |          | 248.22 | Std Dev         | 35.466377 |
| 97.5%     |          | 219.12 | Std Err Mean    | 0.6068172 |
| 90.0%     |          | 189.52 | upper 95% Mean  | 144.40496 |
| 75.0%     | quartile | 165.35 | low er 95% Mean | 142.02544 |
| 50.0%     | median   | 140.43 | N               | 3416      |
| 25.0%     | quartile | 118.53 |                 |           |
| 10.0%     |          | 100.22 |                 |           |
| 2.5%      |          | 81.83  |                 |           |
| 0.5%      |          | 61.29  |                 |           |
| 0.0%      | minimum  | 14.39  |                 |           |

## Framingham Heart Study Inflammatory Marker Manual



### Quality Control:

All samples assayed by CAM assay were run in duplicate. 291 samples which had duplicate CV's exceeding 12.4% were repeated in duplicate and the mean was reported. Of the repeated samples, some samples had CV's exceeding 12.4% for both runs of the assay, in which case, the mean of the duplicates with the lowest CV was reported.

All plates met the acceptance criteria set forth for the QC's; no entire plate required repeating.

### QC Control Summary:

| Control     | Mean  | % CV | n   |
|-------------|-------|------|-----|
| CAM Low QC  | 144.2 | 7.0% | 318 |
| CAM High QC | 246.1 | 5.9% | 318 |

## Framingham Heart Study Inflammatory Marker Manual

### Lipoprotein-Associated Phospholipase A2 (LP-PLA2) Mass Analysis by PLAC

#### 1. Funding Source/Lab

|                      |   |
|----------------------|---|
| Framingham specimens | PI: Emelia J. Benjamin, MD, ScM<br>[REDACTED]   |
| Grant #              | RO1 HL 064753 & RO1 HL076784<br>Lp-PLA2 mass was measured by diaDexus at no cost to the FHS |
| Lab                  | GlaxoSmithKline(GSK)  |
| Contact:             | [REDACTED]  |
| Submitted By:        | [REDACTED]  |

#### 2. Method: Mass

#### 3. Technical Aspects

|  |   |
|--|---|
| Discovery Research, GSK                                  |   |
| Kit Lp-PLA2 P/N 90103 L/N 509003, PLAC <sup>®</sup> Test |   |
| Vendor   | diaDexus<br><a href="http://www.diadexus.com/">http://www.diadexus.com/</a> |
| Units  | ng/mL   |
| Measuring Range  |   |
| PLAC Controls  | C 1 90018-508069 mean 192.8ng/mL<br>C 2 90019-508070 mean 424.3ng/mL        |

#### 4. FHS Specimen Characteristics

Offspring Exam 7 EDTA Plasma stored at -80

##### Framingham Samples

Date Received: 10/5/05, 10/11/05 replaced, 10/25/05 box 21 returned  
Samples Supplied: 3456 tubes, 40 empty  
Samples tested: 3416  
Date Reported 1/13/06

#### Study Design

1. Calibrators and controls run in duplicate
2. Controls run throughout the plate
3. Samples run in single point, 20% of the samples run in duplicate, same plate (mean values reported)
4. Samples with duplicate CV's > than 15 % repeated, repeat results reported.

#### Assay Acceptability criteria:

1. Calibrators: calibrator 6 OD  $\geq 1.6$
2. Duplicates CV on calibrators and calibrators  $\leq 15\%$
3. PLAC Controls:
  - C 1 range 153.9 - 231.7 ng/mL
  - C 2 range 302.8 - 545.9 ng/mL



# Framingham Heart Study Inflammatory Marker Manual

## Results:

Total number of plates run: 55 kits

Sample Results: File Attached

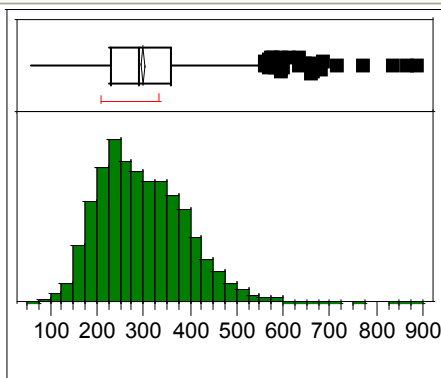
## Summary:

### Results

| Results    | Sample Number | Mean  | Min  | Max   | 5% Percentile | 95% Percentile | Median |
|------------|---------------|-------|------|-------|---------------|----------------|--------|
| PLAC ng/mL | 3416          | 299.1 | 63.7 | 886.3 | 167.4         | 460.7          | 288.3  |

### Framingham PLAC Test Distribution

#### Lp-PLA2 ng/mL



#### Quantiles

|        |          |        |
|--------|----------|--------|
| 100.0% | maximum  | 886.27 |
| 99.5%  |          | 594.80 |
| 97.5%  |          | 500.27 |
| 90.0%  |          | 419.12 |
| 75.0%  | quartile | 360.37 |
| 50.0%  | median   | 288.30 |
| 25.0%  | quartile | 229.13 |
| 10.0%  |          | 189.38 |
| 2.5%   |          | 151.84 |
| 0.5%   |          | 110.81 |
| 0.0%   | minimum  | 63.70  |

#### Moments

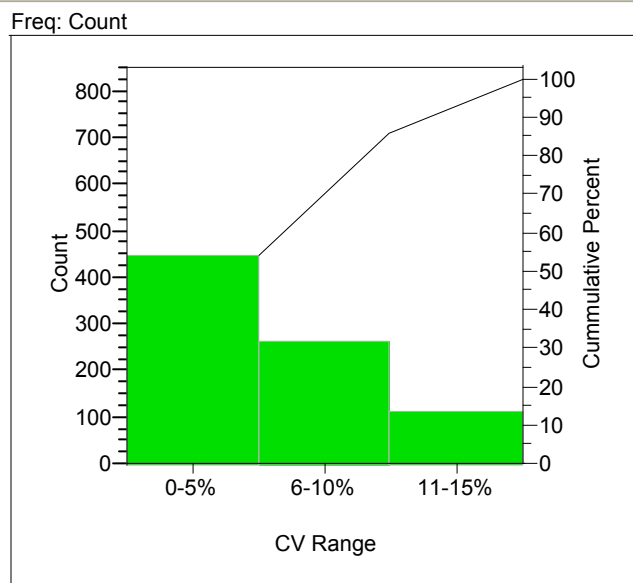
|                |           |
|----------------|-----------|
| Mean           | 299.05034 |
| Std Dev        | 93.984264 |
| Std Err Mean   | 1.6080376 |
| upper 95% Mean | 302.20315 |
| lower 95% Mean | 295.89753 |
| N              | 3416      |

## Framingham Heart Study Inflammatory Marker Manual

### Quality Control

Twenty-four percent of the total samples assayed by PLAC test were run in duplicate. Of the samples tested, all produced CVs < 15% between duplicates.

#### Framingham Study %CVs between Duplicates



### QC Control Summary

| Control                                  | Beginning controls | Middle controls | End controls | Mean All | %CV All |
|--|--------------------|-----------------|--------------|----------|---------|
|  | ng/mL              | ng/mL           | ng/mL        | ng/mL    | %       |
| PLAC Control 1<br>ng/mL<br>153.9 - 231.7 | 185.9              | 180.8           | 174.0        | 180.3    | 6%      |
| PLAC Control 2<br>ng/mL<br>302.8 - 545.9 | 380.4              | 355.9           | 339.0        | 358.7    | 8%      |
| N (total number of wells)                | 128                | 128             | 124          | 190      | 190     |

**N.B. Lp-PLA2 should not be confused with secretory PLA2 group IIA; they have different functions.**

- Secretory PLA2 is involved in arachidonic acid mobilization.
- Lp-PLA2 cleaves polar oxidized fatty acids; it does not affect arachidonic acid release.
- Lp-PLA2 is also referred to as Type VIIa PLA2.

#### References for secretory PLA2:

- Mallat Z, Steg PG, Benessiano J, Tanguy ML, Fox KA, Collet JP, Dabbous OH, Henry P, Carruthers KF, Dauphin A, Arguelles CS, Masliah J, Hugel B, Montalescot G, Freyssinet JM, Asselain B, Tedgui A. Circulating secretory phospholipase A2 activity predicts recurrent events in patients with severe acute coronary syndromes. *J Am Coll Cardiol.* 2005;46:1249-1257.
- Boekholdt SM, Keller TT, Wareham NJ, Luben R, Bingham SA, Day NE, Sandhu MS, Jukema JW, Kastelein JJ, Hack CE, Khaw KT. Serum levels of type II secretory phospholipase A2 and the risk of future coronary artery disease in apparently healthy men and women: the EPIC-Norfolk Prospective Population Study. *Arterioscler Thromb Vasc Biol.* 2005;25:839-846.

# Framingham Heart Study Inflammatory Marker Manual

## Monocyte chemoattractant protein-1 (MCP1)

### 1. Funding Source/Lab

|                      |   |
|----------------------|---|
| Framingham specimens | PI: Emelia J. Benjamin, MD, ScM<br>[REDACTED] |
| Grant #              | RO1 HL 064753 & RO1 HL076784                  |
| Lab                  | JFK/IL  |
| Contact:             | [REDACTED]                                    |

### 2. Method: Quantitative ELISA

### 3. Technical Aspects

|  |   |
|--|---|
| Molecular Devices VersaMax microplate reader |   |
| Commercial kit including all reagents        |   |
| Vendor                                       | R & D Systems (Cat. No. DCP00)<br><a href="http://www.rndsystems.com/">http://www.rndsystems.com/</a> |
| Minimum detectable dose                      | <5.0 pg/mL  |
| Standard curve range                         | 0 – 2000 pg/mL  |

### 4. FHS Specimen Characteristics

- Serum, run in duplicate
- Frozen samples, run on 3<sup>rd</sup> thaw
- Samples were subjected to 1-3 freeze-thaw cycles.

### 5. QC aspects

|  |  |     |     |     |
|--|--|-----|-----|-----|
| CV intra-assay:  | CV intra-assay: (FHS IDs) 3.8±3.3  |     |     |     |
| CV intra FHS IDs:  |  |     |     |     |
| CV Intra-assay final data set. If sample re-measured because CV is higher than threshold then use the lowest CV. | 3.83±3.32  |     |     |     |
| CV intra phantoms  | CV phantoms: Yes   |     |     |     |
| Number per cycle   |  |     |     |     |
| CV inter   | No inter CVs since some phantoms and the original IDs are run in the same plate or on same day |     |     |     |
| CV threshold for re-measuring:   | 13.1   |     |     |     |
| Bar code reader:   | Yes  |     |     |     |
| Internal controls  | mean   | std | min | max |
|  | 314  | 28  | 256 | 376 |

### Mean and CV by month:

| Month      | 06/2002 | 7/2002  | 8/2002   | 9/2002  | 10/2002 | 11/2002 |
|------------|---------|---------|----------|---------|---------|---------|
| N          | 653     | 281     | 700      | 1195    | 990     | 24      |
| Mean±std   | 329±145 | 314±121 | 330±142  | 327±102 | 309±120 | 322±199 |
| CVmean±std | 6.3±3.0 | 7.1±2.8 | 6.1±3.42 | 2.0±1.8 | 1.8±1.5 | 2.7±1.8 |

## Framingham Heart Study Inflammatory Marker Manual

### 6. FHS participant aspect

- a. Markers run: 06/02 – 11/02
- b. Measured in: pg/mL
- c. Count Offspring n = 3242

### Descriptive Statistics -

|                        | Mean   | SD     | Minimum | Maximum | Median | Q1     | Q3     |
|------------------------|--------|--------|---------|---------|--------|--------|--------|
| <b>Unadjusted:</b>     | 321.34 | 124.89 | 2.00    | 2139.82 | 306.95 | 246.57 | 378.44 |
| <b>Log-transformed</b> | 5.71   | 0.36   | 0.69    | 7.67    | 5.73   | 5.51   | 5.94   |

### 7. Marker residuals (studentized)

| Adjustment           | Mean     | SD    | Minimum | Maximum | Median | Q1    | Q3   |
|----------------------|----------|-------|---------|---------|--------|-------|------|
| <b>Age &amp; Sex</b> | -3.28E-6 | 1.000 | -13.58  | 5.43    | 0.0290 | -0.58 | 0.61 |
| <b>Multivariable</b> | -4.83E-5 | 1.000 | -13.71  | 5.69    | 0.0324 | -0.59 | 0.62 |

covariates: idtype, age, sex, bmi, smoke, cvd, glucose, tot\_hdl, lipidrx, hrx, sbp, dbp, hrtnow, asa3week, waist, diab, trig

### MCP-1 Kits Shipped in 2002

| Ship Date                   | Catalogue # | Description                                   | Qty | Lot#    |
|-----------------------------|-------------|---|-----|---------|
| 5/13/2002                   | PDCP00      | Human CCL2MCP-1 QuantikinePhampak (50 Plates) | 1   | 1506043 |
| 5/14/2002                   | PDCP00      | Human CCL2MCP-1 QuantikinePhampak (50 Plates) | 1   | 207984  |
| 10/24/2002                  | DCP00       | Human CCL2MCP-1 Quantikine ELISA Kit          | 7   | 209990  |
| <b>Generation 3 samples</b> |             |   |     |         |
| 8.29.2006                   | SCPOO       | MCP-1, R/D                                    | 126 | 240267  |

### 8. Publications<sup>1;3-7;9;15</sup>

# Framingham Heart Study Inflammatory Marker Manual

## Myeloperoxidase (MPO)

### 1. Funding Source/Lab

|                      |   |
|----------------------|---|
| Framingham specimens | PI: Emelia J. Benjamin, MD, ScM<br>[REDACTED] |
| Grant #              | RO1 HL 064753 & RO1 HL076784                  |
| Lab                  | JFK/IL/AB                                     |
| Contact:             | [REDACTED]                                    |

### 2. Method: Quantitative ELISA

### 3. Technical Aspects

|  |  |
|--|--|
| Molecular Devices VersaMax microplate reader |  |
| Commercial kit including all reagents        |  |
| Vendor                                       | Oxis (Cat. No. 21013)<br><a href="http://www.oxis.com/">http://www.oxis.com/</a> |
| Minimum detectable dose                      | 0.17 ng/mL   |
| Standard curve range                         | 0 – 25 ng/mL   |

### 4. FHS Specimen Characteristics

- Serum, run in duplicate
- Frozen samples, run on 1<sup>st</sup> thaw
- Samples were subjected to 1-3 freeze-thaw cycles.

### 5. QC aspects

|  |      |  |      |       |
|--|------|--|------|-------|
| CV intra-assay:  |      | 3.15±2.69  |      |       |
| CV intra FHS IDs:  |      | 3.15±2.69  |      |       |
| CV Intra-assay final data set. If sample re-measured because CV is higher than threshold then use the lowest CV. |      | 3.02±2.48  |      |       |
| CV intra phantoms  |      | 3.18±2.68  |      |       |
| Number per cycle   |      | 141  |      |       |
| CV inter   |      | No inter CVs since some phantoms and the original IDs are run in the same plate or on same day |      |       |
| CV threshold for re-measuring:   |      | 11.5   |      |       |
| Bar code reader:   |      | Yes  |      |       |
| Internal controls  | mean | std  | min  | max   |
|  | 80.9 | 13.0   | 45.9 | 102.6 |

### Mean and CV by month:

| Month      | 6/2003  | 7/2003  | 8/2003  | 9/2003  | 10/2003 |
|------------|---------|---------|---------|---------|---------|
| N          | 170     | 269     | 389     | 267     | 652     |
| Mean±std   | 45±34   | 54±44   | 50±35   | 49±30   | 46±24   |
| CVmean±std | 2.4±2.1 | 2.4±2.5 | 2.6±2.5 | 3.1±2.6 | 3.3±2.8 |

| Month      | 11/2003 | 12/2003 | 1/2004  | 2/2004  |  |
|------------|---------|---------|---------|---------|--|
| N          | 268     | 698     | 788     | 305     |  |
| Mean±std   | 52±37   | 46±27   | 41±28   | 48±28   |  |
| CVmean±std | 3.2±2.7 | 3.1±2.5 | 3.8±2.9 | 2.9±2.5 |  |

## Framingham Heart Study Inflammatory Marker Manual

### 6. FHS participant aspect

- a. Markers run: 06/03 – 02/04
- b. Measured in: ng/mL
- c. Count Offspring n = 3190

### Descriptive Statistics -

|                 | Mean  | SD    | Minimum | Maximum | Median | Q1    | Q3    |
|-----------------|-------|-------|---------|---------|--------|-------|-------|
| Unadjusted:     | 47.08 | 30.72 | 0.86    | 376.99  | 39.03  | 27.31 | 58.19 |
| Log-transformed | 3.68  | 0.58  | -0.15   | 5.93    | 3.66   | 3.31  | 4.06  |

### 7. Marker residuals (studentized)

| Adjustment    | Mean     | SD    | Minimum | Maximum | Median  | Q1    | Q3   |
|---------------|----------|-------|---------|---------|---------|-------|------|
| Age & Sex     | -3.11E-7 | 1.000 | -6.22   | 3.73    | -0.0203 | -0.64 | 0.66 |
| Multivariable | -1.60E-7 | 1.000 | -6.21   | 3.75    | -0.0173 | -0.65 | 0.65 |

covariates: idtype, age, sex, bmi, smoke, cvd, glucose, tot\_hdl, lipidrx, hrx, sbp, dbp, hrtnow, asa3week, waist, diab, trig

### Publication<sup>1</sup>

# Framingham Heart Study Inflammatory Marker Manual

## Osteoprotegerin (OPG)

### 1. Funding Source/Lab

|                      |   |
|----------------------|---|
| Framingham specimens | PI: Emelia J. Benjamin, MD, ScM<br>[REDACTED] |
| Grant #              | RO1 HL 064753 & RO1 HL076784                  |
| Lab                  | JFK/IL/AB                                     |
| Contact:             | [REDACTED]                                    |

### 2. Method: Quantitative ELISA

### 3. Technical Aspects

|  |  |
|--|--|
| Molecular Devices VersaMax microplate reader |  |
| Commercial kit including all reagents        |  |
| Vendor                                       | Biomedica Gesellschaft mbH, Vienna, Austria<br>American Vendor ALPCO (Cat. No. 04-B1-20402)<br><a href="http://www.moleculardevices.com/pages/instruments/versamax.html">http://www.moleculardevices.com/pages/instruments/versamax.html</a> |
| Minimum detectable dose                      | 0.14 pmol/L  |
| Standard curve range                         | 0 – 30 pmol/L  |

### 4. FHS Specimen Characteristics

- EDTA Plasma, run in duplicate
- Frozen samples, run on 4<sup>th</sup> thaw
- Samples were subjected to 1-3 freeze-thaw cycles.

### 5. QC aspects

|  |      |  |     |     |
|--|------|--|-----|-----|
| CV intra-assay:  |      | 3.73±2.87  |     |     |
| CV intra FHS IDs:  |      | 3.72±2.87  |     |     |
| CV Intra-assay final data set. If sample re-measured because CV is higher than threshold then use the lowest CV. |      | 3.72±2.87  |     |     |
| CV intra phantoms  |      | 3.94±2.79  |     |     |
| Number per cycle   |      | 147  |     |     |
| CV inter   |      | No inter CVs since some phantoms and the original IDs are run in the same plate or on same day |     |     |
| CV threshold for re-measuring:   |      | 12.7   |     |     |
| Bar code reader:   |      | Yes  |     |     |
| Internal controls  | mean | std  | min | max |
|  | 8.1  | 0.4  | 7.4 | 9.3 |

### Mean and CV by month:

| Month      | 06/2005 | 07/2005 | 08/2005 | 09/2005 | 10/2005 |
|------------|---------|---------|---------|---------|---------|
| N          | 29      | 685     | 1192    | 1360    | 581     |
| Mean±std   | 5.0±1.3 | 5.6±1.7 | 5.7±1.9 | 5.7±2.0 | 5.1±1.7 |
| CVmean±std | 4.2±3.6 | 3.3±2.5 | 3.5±2.7 | 3.9±3.0 | 4.2±3.1 |

## Framingham Heart Study Inflammatory Marker Manual

### 6. FHS participant aspect

- a. Markers run: 06/05 – 10/05
- b. Measured in: pmol/L
- c. Count Offspring n = 3299

### Descriptive Statistics -

|                 | Mean | SD   | Minimum | Maximum | Median | Q1   | Q3   |
|-----------------|------|------|---------|---------|--------|------|------|
| Unadjusted:     | 5.59 | 1.91 | 0.59    | 27.80   | 5.32   | 4.38 | 6.44 |
| Log-transformed | 1.67 | 0.31 | -0.53   | 3.32    | 1.67   | 1.48 | 1.86 |

### 7. Marker residuals (studentized)

| Adjustment    | Mean    | SD    | Minimum | Maximum | Median | Q1    | Q3   |
|---------------|---------|-------|---------|---------|--------|-------|------|
| Age & Sex     | 1.32E-5 | 1.000 | -8.19   | 6.19    | 0.025  | -0.57 | 0.59 |
| Multivariable | 4.26E-5 | 1.000 | -8.36   | 6.06    | 0.0173 | -0.57 | 0.60 |

covariates: idtype, age, sex, bmi, smoke, cvd, glucose, tot\_hdl, lipidrx, hrx, sbp, dbp, hrtnow, asa3week, waist, diab, trig

### P-Selectin Kits Shipped in 2005

| Ship Date | Catalogue # | Description | Qty | Lot#   |
|-----------|-------------|-------------|-----|--------|
| 10/5/2005 | BI-20402    | OPG, Alpco  | 100 | 353SKU |

### N.B.

Biomedica Gesellschaft mbH.via Alpco offered the Framingham Heart study a substantial discount on the purchase price of this kit. In accepting this offer all collaborators from this study agree to reference the kit source in any and all publications that result from these data sets. Both the manufacturer and US distribution source will be cited. Biomedica of Vienna, Austria, supplied by Alpco Diagnostics.

### Publication<sup>1</sup>



# Framingham Heart Study Inflammatory Marker Manual

## P-Selectin

### 1. Funding Source/Lab

|                      |   |
|----------------------|---|
| Framingham specimens | PI: Emelia J. Benjamin, MD, ScM<br>[REDACTED] |
| Grant #              | RO1 HL 064753 & RO1 HL076784                  |
| Lab                  | JFK/IL/AB                                     |
| Contact:             | [REDACTED]                                    |

### 2. Method: Quantitative ELISA

### 3. Technical Aspects

|  |   |
|--|---|
| Molecular Devices VersaMax microplate reader |   |
| Commercial kit including all reagents        |   |
| Vendor                                       | R & D Systems (Cat. No. BBE 6)<br><a href="http://www.rndsystems.com/">http://www.rndsystems.com/</a> |
| Minimum detectable dose                      | <0.5 ng/mL  |
| Standard curve range                         | 0 – 50 ng/mL  |

### 4. FHS Specimen Characteristics

- EDTA Plasma, run in duplicate
- Frozen samples, run on 1<sup>st</sup> thaw
- Samples were subjected to 1-3 freeze-thaw cycles.

### 5. QC aspects

CV intra-assay:

|  |  |      |       |       |
|--|--|------|-------|-------|
| CV intra-assay:  | 3.20±2.41  |      |       |       |
| CV intra FHS IDs:  | 3.21±2.40  |      |       |       |
| CV Intra-assay final data set. If sample re-measured because CV is higher than threshold then use the lowest CV. | 3.04±2.16  |      |       |       |
| CV intra phantoms  | 2.99±2.46  |      |       |       |
| Number per cycle   | 148  |      |       |       |
| CV inter   | No inter CVs since some phantoms and the original IDs are run in the same plate or on same day |      |       |       |
| CV threshold for re-measuring:   | 8.5  |      |       |       |
| Bar code reader:   | Yes  |      |       |       |
|  | mean   | std  | min   | max   |
| R&D controls   | 576.4  | 68.6 | 422.4 | 750.6 |
| Internal controls  | 38.6   | 5.59 | 27.0  | 52.4  |

### Mean and CV by month:

| Month      | 6/2004  | 7/2004  | 8/2004  | 9/2004  |  |
|------------|---------|---------|---------|---------|--|
| N          | 1415    | 1092    | 587     | 868     |  |
| Mean±std   | 38±14   | 38±14   | 42±18   | 37±12   |  |
| CVmean±std | 3.4±2.6 | 3.1±2.3 | 3.1±2.2 | 3.0±2.3 |  |

## Framingham Heart Study Inflammatory Marker Manual

### 6. FHS participant aspect

- a. Markers run: 06/04 – 09/04
- b. Measured in: ng/mL
- c. Count Offspring n = 3304

### Descriptive Statistics -

|                        | Mean  | SD    | Minimum | Maximum | Median | Q1    | Q3    |
|------------------------|-------|-------|---------|---------|--------|-------|-------|
| <b>Unadjusted:</b>     | 38.23 | 14.32 | 1.79    | 194.91  | 36.32  | 28.69 | 45.66 |
| <b>Log-transformed</b> | 3.58  | 0.37  | 0.58    | 5.27    | 3.59   | 3.36  | 3.82  |

### 7. Marker residuals (studentized)

| Adjustment           | Mean     | SD    | Minimum | Maximum | Median | Q1    | Q3   |
|----------------------|----------|-------|---------|---------|--------|-------|------|
| <b>Age &amp; Sex</b> | -1.90E-6 | 1.000 | -8.08   | 4.32    | 0.0391 | -0.60 | 0.65 |
| <b>Multivariable</b> | 2.22E-5  | 1.000 | -7.85   | 4.60    | 0.0554 | -0.59 | 0.64 |

covariates: idtype, age, sex, bmi, smoke, cvd, glucose, tot\_hdl, lipidrx, hrx, sbp, dbp, hrtnow, asa3week, waist, diab, trig

### P-Selectin Kits Shipped in 2004

| Ship Date | Catalogue # | Description  | Qty | Lot#   |
|-----------|-------------|--|-----|--------|
| 5/24/2004 | SBBE6       | Human sP-Selectin/CD62P Parameter SixPak(6 Plates) | 9   | 221312 |
| 7/8/2004  | SBBE6       | Human sP-Selectin/CD62P Parameter SixPak(6 Plates) | 9   | 221312 |

### 8. Publications<sup>1:6</sup>

# Framingham Heart Study Inflammatory Marker Manual

## Tumor necrosis factor receptor II (TNFRII)

### 1. Funding Source/Lab

|                      |   |
|----------------------|---|
| Framingham specimens | PI: Emelia J. Benjamin, MD, ScM<br>[REDACTED] |
| Grant #              | RO1 HL 064753 & RO1 HL076784                  |
| Lab                  | JFK/IL/AB                                     |
| Contact:             | [REDACTED]                                    |

### 2. Method: Quantitative ELISA

### 3. Technical Aspects

|  |   |
|--|---|
| Molecular Devices VersaMax microplate reader |   |
| Commercial kit including all reagents        |   |
| Vendor                                       | R & D Systems (Cat. No. DR<br><a href="http://www.rndsystems.com/T_200">http://www.rndsystems.com/T_200</a> ) |
| Minimum detectable dose                      | 0.2 pg/mL   |
| Standard curve range                         | 0 – 500 pg/mL   |

### 4. FHS Specimen Characteristics

- EDTA Plasma, run in duplicate
- Frozen samples, run on 3<sup>rd</sup> thaw
- Samples were subjected to 1-3 freeze-thaw cycles.

### 5. QC aspects

|  |  |       |        |        |
|--|--|-------|--------|--------|
| CV intra-assay:  | 2.25±1.62<br>Low Range 7.57%    High Range 5.63% (Meigs 060406))                               |       |        |        |
| CV intra FHS IDs:  | 2.25±1.62  |       |        |        |
| CV Intra-assay final data set. If sample re-measured because CV is higher than threshold then use the lowest CV. | 2.25±1.61  |       |        |        |
| CV intra phantoms  | 2.33±1.78  |       |        |        |
| Number per cycle   | 148  |       |        |        |
| CV inter   | No inter CVs since some phantoms and the original IDs are run in the same plate or on same day |       |        |        |
| CV threshold for re-measuring:   | 6.3  |       |        |        |
| Bar code reader:   | Yes  |       |        |        |
| Internal controls  | mean   | std   | min    | max    |
|  | 1835.3   | 190.2 | 1366.3 | 2197.0 |

### Mean and CV by month:

| Month      | 2/2005   | 3/2005   | 4/2005   | 5/2005   |  |
|------------|----------|----------|----------|----------|--|
| N          | 303      | 1470     | 1235     | 842      |  |
| Mean±std   | 1976±815 | 2176±822 | 2137±756 | 2098±745 |  |
| CVmean±std | 2.2±1.6  | 2.2±1.6  | 2.2±1.6  | 2.4±1.7  |  |

## Framingham Heart Study Inflammatory Marker Manual

### 6. FHS participant aspect

- a. Markers run: 2/05 – 5/05
- b. Measured in: pg/mL
- c. Count Offspring n = 3227

### Descriptive Statistics -

|                        | Mean    | SD     | Minimum | Maximum | Median  | Q1      | Q3      |
|------------------------|---------|--------|---------|---------|---------|---------|---------|
| <b>Unadjusted:</b>     | 2126.70 | 788.06 | 671.22  | 8383.43 | 1957.85 | 1643.88 | 2400.13 |
| <b>Log-transformed</b> | 7.61    | 0.31   | 6.51    | 9.03    | 7.58    | 7.40    | 7.78    |

### 7. Marker residuals (studentized)

| Adjustment           | Mean    | SD    | Minimum | Maximum | Median  | Q1    | Q3   |
|----------------------|---------|-------|---------|---------|---------|-------|------|
| <b>Age &amp; Sex</b> | 1.58E-5 | 1.000 | -3.90   | 4.81    | -0.0830 | -0.65 | 0.57 |
| <b>Multivariable</b> | 4.7E-5  | 1.000 | -3.67   | 4.99    | -0.0574 | -0.65 | 0.58 |

covariates: idtype, age, sex, bmi, smoke, cvd, glucose, tot\_hdl, lipidrx, hrx, sbp, dbp, hrtnow, asa3week, waist, diab, trig

### sTNF RII Kits Shipped in 2005

| Ship Date | Cat #  | Description   | Qty | Lot#   |
|-----------|--------|---|-----|--------|
| 2/22/2005 | SRT200 | Human sTNF RII/TNFRSF1B Quantikine SixPak(6 Plates) | 9   | 221312 |
| 2/22/2005 | SRT200 | sTNF-r2 , R/D                                       | 108 | 227150 |

### Publication<sup>1</sup>

# Framingham Heart Study Inflammatory Marker Manual

## Acknowledgements

The Inflammatory Marker Measurements detailed in this manual were made possible due to funding supplied by the National Institute of Health/ National Heart Lung & Blood Institute (NIH/NHLBI). A brief summary of the grant specific aims are detailed below:

### Inflammation: Correlates and Prognosis in Framingham

**Agency: NHLBI Type: RO1 HL064753**

**PI: Emelia J. Benjamin, MD, ScM**

#### DESCRIPTION:

Increasingly, researchers understand that inflammation is critical to the development of atherosclerosis and the progression to cardiovascular (CVD) events. We hypothesize that a pathophysiologic link between systemic inflammation and CVD events is through endothelial injury and dysfunction. Endothelial dysfunction with subsequent loss of the vasodilator, anti-thrombotic, and anti-inflammatory properties of the vascular endothelium plays a dynamic role in the development of atherosclerosis and the activation of plaques culminating in CVD events.

Most prior studies of inflammatory markers have been limited to small samples of highly selected patients. The relation between the markers and cardiovascular risk factors remains unclear and their relation with endothelial dysfunction and subclinical disease remains largely unexplored. Most importantly, prior studies have not demonstrated if inflammatory markers predict incident CVD in the community. Completion of such a study will require assessment of inflammatory markers in a large, well-characterized population. We propose to assess inflammatory markers in about 3,800 men and women of the Framingham Study. The markers will include inflammatory (C-reactive protein, fibrinogen, soluble intercellular adhesion molecule-1, endothelin-1, monocyte chemotactic protein-1, tumor necrosis factor- $\alpha$ ) and oxidative stress markers (8-epi-PGF<sub>2</sub> $\alpha$ , thromboxane B<sub>2</sub>). The specific aims of this proposal are to:

- 1. Determine the relation between CVD risk factors and systemic markers of vascular inflammation.**
- 2. Analyze the relations between inflammatory markers, endothelial dysfunction, and subclinical disease.**
- 3. Relate markers of inflammation to prevalent and incident CVD events adjusting for standard risk factors.**

Our central hypothesis is that inflammatory markers are independent risk factors for CVD events with endothelial dysfunction operating in the causal pathway. The Framingham Study is uniquely suited for this proposal by virtue of the single site population-based design, the availability of extensive antecedent and contemporary risk factor data, and the availability of long-term, longitudinal follow-up. The proposed study provides a unique opportunity to assess the prognostic importance of inflammatory markers and is likely to yield new information that will directly improve the prevention and management of CVD.

#### PERFORMANCE SITE(S) (*organization, city, state*)

The Framingham Heart Study, NHLBI  
5 Thurber Street  
Framingham, MA 01702-6334

Boston University School of Medicine  
Whitaker Cardiovascular Institute  
715 Albany St., Room W507  
Boston, MA 02118-2393

#### KEY PERSONNEL.

##### Name

Emelia J. Benjamin, MD, ScM

##### Organization

The Framingham Study, BUSM

##### Role on Project

Principal Investigator

Boston University School of Medicine

Co-Investigator, Lab Director, BUSM

The Framingham Study, BUSM

Co-Investigator, Statistician

Boston University School of Medicine

Co-Investigator, Endothelial Function

The Framingham Study, BUSM  
The Framingham Study, NHLBI

Co-Investigator, Lab Director, FHS  
Co-Investigator, Subclinical Disease

# Framingham Heart Study Inflammatory Marker Manual

## Framingham: Inflammation, Genes & Cardiovascular Disease

Agency: NHLBI Type: RO1 HL076784

PI: Emelia J. Benjamin, MD, ScM

### DESCRIPTION:

Recent experimental and clinical studies support the concept that vascular inflammation is central to the development of atherosclerosis, and that systemic inflammatory markers predict a wide array of CVD events. There is increasing interest in the role of genetic variation in inflammation contributing to the susceptibility to CVD. To date mostly small case-control studies have suggested that polymorphisms in inflammatory genes are associated with subclinical and clinical CVD, but the studies have differed with regard to which genes are central, with many only finding the association in specific subject subgroups.

We have previously measured systemic markers of vascular inflammation (*i.e.*, CRP, sICAM-1, MCP-1, IL-6) and oxidative stress (*i.e.*, isoprostanes), in a population-based sample of 3800 middle-aged and elderly men and women of the Framingham Heart Study offspring cohort. We propose to genotype inflammatory candidate genes in the Framingham offspring cohort have been phenotyped for CVD risk factors, subclinical CVD. We also propose to measure systemic inflammatory markers in the Framingham Study Generation III cohort, who are the children of the offspring cohort.

**The central hypothesis of this proposal is that systemic vascular inflammation represents a complex phenotype that evolves over a lifetime and is influenced by both environmental and genetic factors. We further postulate that variations in the inflammatory phenotype (marker levels) and genotype predispose to the development of CVD. The purpose of this proposal is to determine the contribution of genetic and environmental factors to vascular inflammation, and to define the extent to which inflammatory phenotypes and genotypes predict subclinical and clinical CVD, and enhance risk prediction models.** Our proposal's specific aims are as follows:

**Aim 1. To examine the environmental determinants of systemic inflammation in the community.**

**Aim 2. To investigate the genetic determinants of systemic inflammation.**

**Aim 3. To identify the inflammatory phenotypic and genetic determinants of subclinical CVD.**

**Aim 4. To determine the contribution of inflammatory phenotype versus genotype to prevalent and incident CVD and to incident hypertension.**

The investigation will increase understanding as to whether inflammation is a core risk factor for CVD or is merely a marker of presence and burden of other CVD risk factors. These insights will fundamentally contribute to knowledge about the pathophysiology of CVD and may lead to improved prevention, risk stratification and management of CVD.

PERFORMANCE SITE(S) (organization, city, state)

| NHLBI's   | BUSM, Keane Laboratory  | BUSM Genetics Laboratory   |
|---|---|--|
| <b>The Framingham Heart Study</b><br>73 Mount Wayte Ave. Suite 2<br>Framingham, MA 01702-5827 | Whitaker Cardiovascular Institute,<br>715 Albany St., Rm. W507<br>Boston, MA 02118-2393 | Whitaker Cardiovascular Institute,<br>715 Albany Street, W408<br>Boston, MA 02118-2393 |

KEY PERSONNEL. See instructions. Use continuation pages as needed to provide the required information in the format shown below. Start with Principal Investigator. List all other key personnel in alphabetical order, last name first.

| Name                   | Organization  | Role on Project           |
|------------------------|---|---------------------------|
| Benjamin, Emelia J.    | Fram. Heart Study/Boston Univ.<br>Boston University | Principal Investigator    |
|                        | Fram. Heart Study/Boston Univ                       | Geneticist                |
|                        | Fram. Heart Study/Boston Univ                       | Co-investigator           |
|                        | NHLBI/Fram. Heart Study                             | Senior Statistician       |
|                        | Fram. Heart Study/Boston Univ                       | Co-investigator           |
|                        | Cardiovascular Engineering Inc.                     | Statistician              |
|                        | NHLBI/Fram. Heart Study                             | Consultant                |
| Ramachandran, Vasan S. | Fram. Heart Study/Boston Univ.                      | Co-investigator           |
|                        | Fram. Heart Study/Boston Univ                       | Co-Principal investigator |
|                        |   | Co-investigator           |

# Framingham Heart Study Inflammatory Marker Manual

## Aging and Inflammation: Longitudinal Markers and Genetics in the Framingham Study

Agency: NHLBI Type:1R01AG028321

PI: Emelia J. Benjamin, MD, ScM

### DESCRIPTION:

Recent experimental and clinical studies have established that vascular inflammation is central to the nonvascular and vascular aging. To date studies with mostly single occasion assessments of markers or single nucleotide polymorphisms (SNPs) have suggested that variation in inflammatory pathway markers and SNPs are associated with the aging process and subclinical CVD. However, the studies have differed with regard to which markers and genes are central, and have left questions as to whether inflammation begets aging and subclinical CVD, whether aging and subclinical CVD lead to inflammation. We previously measured 11 systemic biomarkers and 3000 SNPs in over 200 candidate genes in inflammatory pathways in the community-based Framingham Offspring sample. The 3500 middle-aged and elderly men and women receive serial phenotyping for age-related phenotypes including physical function, CVD risk factors, and subclinical and clinical CVD. The extent to which inflammatory biomarkers increase with advancing age, independent of age-related CVD and its risk factors is uncertain. The relation of variation in inflammatory genes to aging-related phenotypes, including frailty, physical function and subclinical CVD is largely unknown. **The central hypothesis of this proposal is that the acceleration of systemic inflammation in midlife and advanced age is influenced by both risk factors and genetic variation. We postulate that variation in inflammatory pathway genes modulates longitudinal changes in inflammatory markers, and vascular aging (as assessed by increasing blood pressure and subclinical CVD), and the progression of frailty and declining physical function.** To address these hypotheses we propose to repeat at the measurements of 7 key inflammatory biomarkers, originally assessed 7 years. **Specific Aims:**

**Aim 1. To examine the risk factors related to 7 year progression of systemic inflammation (between Offspring examinations 7 and 8, and Omni exams 2 & 3) in the community.**

**Aim 2. To investigate the genetic factors associated with systemic inflammation and to examine the relation between inflammatory SNPs/haplotypes and frailty and declining physical function.**

**Aim 3. To study the relation of changes in inflammatory markers to progression of blood pressure and subclinical disease including ankle brachial index, arterial tonometry, echocardiographic left ventricular structure and function and carotid intimal medial thickness.**

**Aim 4. To identify the relations between changes in inflammatory biomarkers to frailty and progression of declining physical function over 7 years of follow-up.**

The proposed study will fundamentally contribute insight about the relations of inflammation and aging.

PERFORMANCE SITE(S) (organization, city, state)

**The Framingham Heart Study**

73 Mount Wayte Ave. Suite 2

Framingham, MA 01702-5827

KEY PERSONNEL. See instructions. Use continuation pages as needed to provide the required information in the format shown below.

Start with Principal Investigator. List all other key personnel in alphabetical order last name first

|  |                       |                     |                        |
|--|-----------------------|---------------------|------------------------|
| Principal Investigator/Program Director (Last, First, Middle): |                       | Benjamin, Emelia J. |                        |
| Name   | eRA Commons User Name | Organization        | Role on Project        |
| Benjamin, MD, ScM, Emelia J.                                   | emelia                | FHS, BUSM           | Principal Investigator |
|  |                       | FHS, BUSPH          | Genetic Statistician   |
|  |                       | FHS, BUSPH          | Co-I                   |
|  |                       | FHS, BUSM           | Senior Statistician    |
|  |                       | FHS, NHLBI          | Unpaid Collaborator    |
|  |                       | FHS, BUSPH          | Genetic Statistician   |
|  |                       | FHS, Co-PI          | Co-PI                  |
|  |                       | FHS, NHLBI          | Unpaid Collaborator    |
|  |                       | FHS, BUSM           | Co-P.I.                |
|  |                       | FHS, BUSM           | Geriatrician           |
| OTHER SIGNIFICANT CONTRIBUTORS                                 |                       |                     |                        |
|  | FHS, BUSM             | Statistician        |                        |

## Framingham Heart Study Inflammatory Marker Manual

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## Framingham Heart Study Inflammatory Marker Manual

### List of Covariate Labels

**Defined at exam the marker was measured, unless otherwise specified**

|          |   |  |
|----------|---|--|
| idtype   | = | Omni (ethnic/minority cohort; 7) vs. Offspring (predominantly white, European descent; 1)  |
| sex      | = | male/female  |
| Age      | = | Age, years   |
| sbp      | = | Clinic physician's systolic blood pressure, mm Hg (average of 2 measures)  |
| dbp      | = | Clinic physician's diastolic blood pressure, mm Hg (average of 2 measures)   |
| bmi      | = | Body Mass Index (BMI) kg/m <sup>2</sup>  |
| smoke    | = | Current smoking (regular within year prior to exam), %   |
| hrx      | = | Hypertensive medication, %   |
| lipidrx  | = | Lipid lowering medication, %   |
| tot_hdl  | = | Fasting total/HDL cholesterol, ratio   |
| glucose  | = | Fasting blood glucose, mg/dl   |
| cvd      | = | Prevalent cardiovascular disease diagnosis includes any one of the following events at or prior to the exam: Angina Pectoris (AP), Congestive Heart Failure (CHF), Coronary Insufficiency (CI), Cerebrovascular Accident (CVA), Intermittent Claudication (IC), Myocardial Infarction (MI) |
| diab     | = | Diabetes mellitus (fasting blood sugar ≥126 mg/dl or on treatment)   |
| trig     | = | Fasting triglycerides mg/dl,   |
| hrtnow   | = | Hormone replacement therapy  |
| asa3week | = | Aspirin (3 per week)   |
| waist    | = | Waist measurement, inches  |

Note: medications and smoking are by self-report